

Lodz, ..., 2020

**LETTER OF INTENT
ON COOPERATION BETWEEN**

AESPLA (Asociación Española de Servicios de Prevención Laboral)

hereinafter referred to as the Partner

and

Medical University of Lodz

Kościuszki 4 str., 90-419 Lodz

Demographic change is one of the major challenges in today's society - both locally and globally. Ageing in Poland is a rapidly progressing phenomenon, and one of the major problems in this context is the lack of a program that allows people who end their careers to easily retire, without feeling isolated from society, feeling rejected, or falling in self-esteem. This stage causes the emergence of depression among retirees, which leads to a lack of social activity, as well as a rapid deterioration of health - both mental and physical.

The Medical University of Lodz uses the highest standards of activities, which are based on current knowledge, clinical experience of widely recognized specialists, literature based on the results of empirical research and own documented experience of authors, consultants, educators and other specialists. Undertaking cooperation with a Partner in the scope of the project entitled ***“ROLLING - Retirement Options to Live a Better Life”*** realized within EIT Health, the University is starting activities to implement good practices in the area of education of future pensioners in the context of social activity, mental and physical health. The Medical University of Lodz and the Partner undertake cooperation for project promotion.

Detailed rules of cooperation and activities are undertaken based on this letter of intent will be regulated in separate agreements.



A large, stylized handwritten signature in blue ink, consisting of a long horizontal stroke followed by a vertical line and a small flourish.

8-06-20

This letter of intent does not imply any obligations for either party.

The representatives responsible for coordinating the activities resulting from this letter of intent and other arrangements are:

1. Partner:

ANTONIO DIAZ RUIZ

2. Medical University of Lodz

Prof. Lucyna Woźniak – PhD, DSc, Vice-Rector for Research and International Relations

Medical University of Lodz:



Signed by / Podpisano
przez:

Lucyna Alicja Woźniak
Uniwersytet Medyczny
w Łodzi

Date / Data: 2020-06-
05 14:26

Partner:

ANTONIO DIAZ RUIZ

VICEPRESIDENTE AESPLA

8-06-20